

Phab Limited

Summary of Financial Statements

Statement of Financial Activities For the Year to 31st March 2016	March 2016		March 2015 (Re-stated)	
	£	£	£	£
Incoming resources				
From donations and charitable activities		914,541		1,090,333
Total Incoming resources		<u>914,541</u>		<u>1,090,333</u>
Resources expended				
Cost of generating funds				
Fundraising expenses		309,050		312,437
Charitable activities				
Grants awarded	122,200		223,319	
Services to Clubs	516,536		479,747	
	<u>638,736</u>		<u>703,066</u>	
		638,736		703,066
Governance costs		21,930		11,436
Total resources expended		<u>969,716</u>		<u>1,026,939</u>
Net (outgoing)/incoming resources		<u>-55,175</u>		<u>63,394</u>
Net movement in funds for the year		<u>-55,175</u>		<u>63,394</u>
Total funds brought forward		681,621		618,227
Total funds carried forward		<u><u>626,446</u></u>		<u><u>681,621</u></u>
Balance Sheet at 31st March 2016				
Fixed assets		402,877		411,057
Current assets	342,250		389,099	
Creditors: amounts falling due within one year	<u>-35,695</u>		<u>-27,074</u>	
		<u>306,555</u>		<u>362,025</u>
Pensions Provision		-82,986		-91,461
Total assets less current liabilities		<u><u>626,446</u></u>		<u><u>681,621</u></u>
Charity Funds				
Property		402,877		411,057
Income funds - restricted		91,219		83,432
Designated funds		76,463		82,826
General funds		55,887		104,306
Total Funds		<u><u>626,446</u></u>		<u><u>681,621</u></u>



Review of Activities 2016

*Phab inspires and supports children and adults
with and without disabilities to make more of life together*

Objectives

- **Phab supports** a network of around 175 clubs throughout England and Wales for all age ranges, offering activities and holidays which members can share and enjoy together.
- **Phab promotes** and encourages self-confidence and independence in young people of all abilities through a range of diverse projects in schools, colleges and universities.
- **Phab funds** special short breaks: inclusive experiences for disabled and disadvantaged children and young people to share in a full range of adventurous outdoor activities at fully accessible activity centres offering specialist tuition.
- **Phab provides** specially equipped and fully accessible holiday units at an award winning beach site in Dorset at affordable rates.
- **Phab organises** national and regional events for club members and supporters to enjoy together and to promote the Phab philosophy of inclusion.
- **Phab distributes** useful, up-to-date information via regular newsletters, e-bulletins, Facebook postings and the Phab website www.phab.org.uk

National Events

● Heartbeat Hike (Phab's Sponsored Walk) at Wicksteed Park

Phab's annual sponsored walk moved to a different venue in 2016. After 35 years at Hyde Park it was decided to find a venue which was more central for Phab members attending on a national scale and Wicksteed Park at Kettering amply fulfilled Phab's need for easy access, parking, accessibility and entertainment. On Sunday, 5th June over 400 Phab members from many parts of the country enjoyed a festive and fun filled day with a sponsored walk around the lake and a full programme of entertainment at the Rotunda.

● Phab Annual Awards Reception

An awards ceremony is held each year to recognise outstanding achievement in fulfilling Phab's aim. Volunteers are nominated by their clubs and a number of awards are made in memory of Paul Hope (Phab's Training & Club Services Director until his untimely death in 1996) and Louis Goldberg (a former President of Sussex Phab). The Paul Hope and Louis Goldberg trophies are presented to the winners, together with bursaries to benefit the winners' clubs. The ceremony in October, held in the House of Lords, was kindly hosted by The Baroness Campbell of Surbiton DBE and included the presentation of an annual award in memory of Lord Morris of Manchester, the UK's first Minister for the Disabled and disability rights pioneer who was also a Vice President of Phab. This was presented by Lady Irene Morris.

● Carol Concert at St James's Church, Piccadilly, London

A Carol Concert in aid of Phab was held on 15th December, with music and carols performed by the London Orpheus Choir under the baton of Richard Jenkinson. The trustees are most grateful to the celebrity readers - Amy Beth Hayes, Ian Lavender, Hayley Mills, Michael Pennington - and to Mik Scarlet who presented the evening following the sad death of Phab's President in January 2016. All gave generously of their time to this event which promotes Phab to a London audience.

- **Waterside Holiday Park, Weymouth**

Our two fully accessible units at Waterside Holiday Park in Weymouth continued to be very popular during the summer season. A high proportion of the bookings were taken up by Phab groups, who benefit from a reduced rental charge. The excellent sports, social and entertainment facilities, which are fully accessible, are very highly praised.

- **Phab Inclusive Projects**

2016 was another successful year for Phab's residential holiday projects benefitting 110 children and young people together with the dedicated support of over 80 experienced and enthusiastic volunteers. During the year, between June and October, six separate residential weeks were arranged at Bendrigg Lodge in the Lake District and Avon Tyrrell in the New Forest.

These projects enable young people who are disabled or disadvantaged to enjoy a residential week at an accessible centre and to be involved in a host of exciting and challenging team activities. Each project has a dedicated leader and provides a safe, supportive environment where activity centre staff are experienced in working with children with disabilities. A personal carer accompanies a child where needed, and Phab's own caring volunteers provide support throughout. The young people build their confidence, self-esteem and independence along with personal, practical, social and communication skills.

- **Phab Week in Schools & Colleges**

Phab has excellent links with a number of schools and colleges who every year offer a special week to children and adults with a range of disabilities. In 2016 "Phab Weeks" were held at Merchant Taylors' and St Helen's schools at Easter and at Westminster School in July, all offering a unique opportunity to both sixth form hosts and guests. These are funded by the schools themselves, however the enthusiasm of the students has led to new Phab clubs being set up at Birmingham, Sussex, Bristol, Cambridge, Exeter, Nottingham and Warwick universities and pupils and students have also volunteered at Phab's inclusive living projects. Phab continues to offer close support to these volunteers to encourage their participation at all levels within the Charity and to extend the Phab club network.

- **Willie Booth Award**

This Fund, set up in memory of the late Rev Prebendary, Willie Booth CVO continues to offer travel bursaries to enable individuals with disabilities to access travel in order to compete in events such as the Special Olympics, Paralympics or sponsored events. We are supporting a young man to continue his tennis coaching towards the Special Olympics and we are pleased that these grants will encourage and promote both sport and independence.

- **Fundraising**

The trustees wish to thank the many trusts, companies and individuals who have provided vital funding or given freely of their time and expertise in support of Phab. Small raffles, and public collections by volunteers, continue to contribute useful additional income.

Phab continues to benefit from the commitment of many individuals who take part in marathon-type events held all over the world. In April 2016, 297 runners completed the Virgin Money London Marathon for Phab and made a very significant contribution to our fundraising. In the Prudential RideLondon-Surrey 100, 18 riders took part in the epic ride through London and the Surrey countryside in August raising further much needed funds and in October five runners completed the Royal Parks Foundation Half Marathon on behalf of Phab.

Phab is most grateful to Daisy Ridley, female lead in the Star Wars film "The Force Awakens", for nominating Phab to share in the proceeds of a charitable campaign as part of the film's worldwide launch in December 2015.

- **Volunteers**

The Trustees of Phab are extremely grateful to the hundreds of volunteers throughout the country who support Phab in so many different ways, whether at local clubs, at national level, or at various fundraising events and charitable activities.

- **Regions**

Club leaders and their members are encouraged to attend regular regional meetings chaired by the regional Chairmen. Some regions have also produced their own newsletters to improve local communication and many clubs have their own websites and post regularly to Facebook.

- **Regional Roadshow Events**

To further promote the Charity's work, Phab took a stand at several regional Roadshow events including 'Kidz to Adultz North' held at EventCity, Manchester. Key staff talked to many people who were interested in attending or volunteering at Phab's accessible residential projects, becoming members of Phab or in establishing new clubs.

- **Regional and Club Events**

During the year many other events, at both regional and club level, were organised around the country. An Arts and Crafts Day of practical workshops for the South East region's clubs is now a popular annual fixture and was again hosted by Hounslow Phab in February, attended by over 100 children and adults.

The Midlands incorporated their annual Fun Day in June with the national event held at Wicksteed Park near Kettering, joining the sponsored walk around the lovely lakeside venue.

In July Merthyr Tydfil Phab hosted a Phab Welsh Festival of Sport, a very popular annual event, involving other local Phab clubs. Also in July, a day trip, which has now become an annual event, was organised for the Welsh and South West Clubs at Longleat Safari Park. Nearly 70 members enjoyed a 4-day break at Butlins in August and Welsh clubs celebrated with a Turkey & Tinsel weekend in November.

Accessible holidays are an important feature of Phab clubs and AMS Holidays was set up to ensure that members in the North region can enjoy family and group holidays which are tailored to their individual needs. Accommodation, transport and day trips are organised with great care to cater for all disabilities.

Over 100 members of the Midlands Region enjoyed a weekend of workshops and fun activities with disco and live entertainment on the Friday and Saturday nights in November. The hotel in Corby offered excellent facilities for wheelchair users and fully met the needs of all members with disabilities.

Phab actively encourages all forms of accessible sport and Boccia is one of the most popular. Clubs in the Midlands Region competed for the Heather Clarke trophy at the Midlands weekend conference.

Phab has worked closely with the Wheelchair Dance Sports Association this year to give Phab Clubs, schools and community groups in the South East a chance to try out wheelchair dance for the first time. A donation from Big Lottery Fund Awards for All has enabled 600 people to enjoy wheelchair dance at their club or event. The Project also included training nine new wheelchair dance instructors, increasing the opportunity to try out wheelchair dance in the future and set up new groups, with four already established as a result of the project.

- **Other Activities**

- Phab continues to support a network of around 175 clubs in England and Wales. A wide range of services are provided, including advice and assistance in complying with the law, particularly in regard to safeguarding.
- The Phab Pack remains a valuable reference tool and any of its nearly 150 pages can also be downloaded from the website.
- The programme of small grants and the enhancement of local fundraising efforts continues to add vitality to the work of Phab at all levels.
- Phab continues to develop communications using both traditional and social media. The national magazine KIT (Keeping in Touch) is produced for all clubs members and supporters. On-line bulletins are sent regularly to clubs by email together with almost daily postings on Phab's Facebook page and website.
- All Phab's systems and policies are fully compliant with our statutory obligations and are under constant review. Our safeguarding Policy has been highly commended by an independent expert in Child Protection.

John B W Corless OBE

Chairman & Vice President

January 2017